

KIDDIE SHACK CONNECTION

from Mrs. Sabrina

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Redirection Techniques FOR Toddlers

Children's natural way of learning is through exploring. They are "hands-on" learners whose development is enhanced when they are following their own interest and having fun. They are learning how things work and how to react in different situations. As children learn, they need guidance and feedback on their behavior from parents and care providers who care for them. Redirection is a technique you can use to help provide positive guidance to your child but be sure to also help your child learn to problem solve and self regulate on their own.

Here are examples of some common behaviors of toddlers:

- ✓ They can follow two or three-step directions.
- ✓ They may cry, hit, or bite to get their way, express emotions or to communicate with others.
- ✓ They frequently use the word "mine" and are not yet able to share well.

Here's some ways that you can help your toddler:

- ✓ Use verbal redirection. Share your expectations with your child in a way that they can understand and at the same time direct your child's attention and behavior to what I believe is a more acceptable alternative. For example, you can say, "chairs are for sitting not for standing. Let's sit on the soft chair instead."
- ✓ Make alternative activities fun for your child. Your child may respond to an activity if it is interesting to them. For example, if they are acting up at the grocery store, ask them to help pick out oranges or rearrange the items in the grocery cart.

What We're Learning...

Meet Olivia the Octagon
Earth Day
Letters U, V, W
Numbers 17 & 18
Opposites: Empty/Full
I am Kind
Color Yellow
Healthy Foods
Yellow Sunflower
Math: Sequencing
Plus More!

Let's Get MOVING APRIL EXERCISES

Run in Place, Yoga Pose,
Plank

Policy Reminders

Let us Know if you will
be dropping off later
or picking up earlier
then scheduled time.

Tornado In a Jar

You will need:

A clear, empty container
such as an empty jar or
plastic bottle, water and dish
soap.

Add water to the jar or
bottle leaving a gap at the
top. Add a drop of dish soap.
Place the cap on and shake
it from side to side. Watch
as it magically appears right
before your Kids eyes!